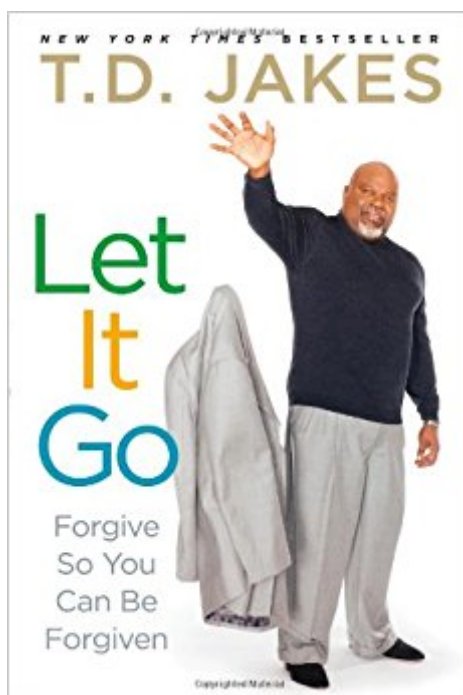


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Let It Go: Forgive So You Can Be Forgiven



Synopsis

In this New York Times bestseller, T.D. Jakes uses inspiration from the Lord's Prayer to reveal how the act of forgiving and learning to be forgiven can lead you to a more joyful, peaceful, and purposeful life. The star of BET's *12 and a Half*, and featured guest speaker on *Oprah*, Potters House pastor T.D. Jakes offers readers *Let It Go*, the New York Times bestselling book inspired by the Lord's Prayer which explores forgiveness as a life practice and offers specific and clear actions for readers who seek to apply it in every area of their lives—their marriages, their families, their friendships, and their business relationships. "Offenses are a part of life," says Jakes, "but conflicts can be resolved and relationships restored when we stop paying the past with the resources of our future." If you're a fan of Joel Osteen's *Become a Better You* or Dr. Phil's *Life Strategies*, you'll love the message in *Let It Go*, which challenges us to release ourselves and others from the crippling grudges and binding resentments that hold us back when we do not forgive others. "Forgiveness is a big idea and works best when invested into people who have the courage to grasp the seven-foot idea of what's best for their future rather than the four-foot-high idea of recompense for what has happened in the past," Jakes writes.

Book Information

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Customer Reviews

Let It Go is written to provide enormous benefits to readers who are having trouble with forgiving offences. Offences come in petty and gigantic life alteration displayed by our actions, words, and unspoken expectations. No matter if the offences occurred as big or small, if unforgiveness consumes and plagues our hearts it will hinder our growth. Unforgiveness unchecked affects our

relationship with our spouses, our children, our family members, our work environment, the ability to truly connect and fellowship with church members, and any other person we interactive with daily. We may think those around us aren't suffering from our bitterness and hurt. But our relationships need our commitment to forgive and let offences go. Bishop Jakes believed forgiveness is a "big idea" and it takes a great Eagle like thinking to forgive ourselves and others. Bishop Jakes affirmed that unforgiveness is the hidden cancer of the soul eating us alive and stopping us from living. Most people don't deal with the cancer that they can cure! We often fail to comprehend that you can't be in relationships that won't produce some conflict along the way. Disappointments, hurts, offences will happen and moving through the pain and healing enable us to live. Bishop Jakes described that most people haven't showed others the 100 percent of themselves. Most of us don't even realize that we have put up walls around our hearts. If we would let the bitterness go we would be a new person, a better spouse, a better employee, church member, pastor, and friend! Forgiving ourselves for our failures and shortcomings is the first step in experiencing freedom and extending our love out to others.

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